



Red Mountain Spa

Between a Rock and a Soft Place

1275 East Red Mountain Circle
Ivins, UT 84738

Located just a short 2-hour drive
northeast of Las Vegas

Reservations 877.246.HIKE
Sagestone Spa 800.690.9215
Group Sales 800.944.3488
Direct 435.673.4905

RedMountainSpa.com



Sagestone

At Red Mountain Spa

VOTED TOP 10 DESTINATION SPA

Condé Nast Traveler

WELCOME TO SAGESTONE SPA & SALON

In its soothing desert setting, *Sagestone* sets out with one goal — to transport our guests to a place of deep relaxation, tranquility and renewal.

At *Sagestone* we've gathered a unique mélange of treatments for our guests to discover as they enjoy this renewal destination.

Sagestone takes pride in having a very highly qualified team of therapists, aestheticians and cosmetologists. Therapists are required to be nationally certified and licensed and are selected for their nurturing spirit and passion for the work they do. A strong, ongoing education program provided by nationally recognized trainers at Red Mountain Spa ensures that our therapists' skills are continually updated.

Our *Sagestone Signature Treatments* are inspired by health, wellness, and beauty rituals that are practiced in the diverse cultures of the world, crafted with desert botanicals, mineral rich muds, clays and salts, handcrafted essential oils, rich body butters, lotions and balms and other indigenous ingredients.

Our treatments feature products ranging from the rain forests of Brazil, the use of which serves to prevent deforestation and preserve biodiversity to salt and clay from the state of Utah and the precious Resurrection Plant found in the Arizona desert.

Try *Sagestone's Signature Treatments* and be a part of our unique spa adventure.



Massage Services

Against the Wall Upper Body Massage
50-minutes\$110
An upper body-focused arm, shoulder and back massage for rock climbing and kayak relief. Instant relief is provided by using anti-inflammatory oils and analgesics. We include a bottle of Biofreeze muscle analgesic to take with you as you continue your adventure. *A Sagestone Signature Treatment.*

Arnica Friction Bolus Massage
75-minutes\$160
Arnica gel and warm muscle-relieving body oil are applied and then massaged in with a warm herbal bolus. The warm bolus, or herb bundle, is used to stimulate circulation, relieve sore muscles and joints and stimulate pressure points. Recommended for over-worked muscles, neck and shoulder tension and general stress reduction. *A Sagestone Signature Treatment.*

Canyon Warm Stone Massage
70-minutes\$160
A signature canyon stone massage intended to relax and relieve sore muscles and to revive oneself from the soreness of increased physical activity. Warm massage oil, infused with essential oils, is combined with warm canyon stones for the ultimate stone massage. *A Sagestone Signature Treatment.*

Custom Aroma Massage
80-minutes\$160
A truly personalized massage combining the benefits of aromatherapy and Swedish massage techniques. A custom aromatherapy scent is blended just for you based on the answers to a short questionnaire. After a truly relaxing massage, you receive a bottled blend of body oil to use after your treatment. *A Sagestone Signature Treatment.*

Desert Rain Massage
50-minutes\$110
You are bathed with a refreshing Coconilla bath gel and then relax as warm rain falls from above and you receive a full-body massage. You drift off to bliss as you experience this deeply relaxing, deeply restorative water massage. *A Sagestone Signature Treatment.*

Desert Sport Relief Pack
Added to a massage\$35
A localized application of a relieving seaweed blend is used for sore muscle relief. This bubbling, active treatment soothes sore muscles and joints and aches and pains. Choose application to back/shoulder/neck or legs/knees/ankles.

Four Hands Massage
50-minutes\$190
80-minutes\$265
An over the top, indulgent full-body massage performed by two therapists. You get the benefit of two rhythmic therapists, who stretch, knead and nurture you for the ultimate massage. Double the benefits and double the relaxation. A must treat for the avid spa-goer and spa aficionado.

Fusion Massage
50-minutes\$110
80-minutes\$150
Fusion Massage emphasizes the power and integrity of the whole rather than the fragments that make up the whole. Fusion Massage techniques are primarily based on Esalen, Lomi Lomi and Thai Yoga Massage — a concept aimed at gracefully blending diverse modalities into a holistic bodywork session.



WINNER OF SIX AWARDS *SpaFinder Magazine*

- Affordability
- Cooking Classes
- Fitness Program
- Going Solo
- Hiking
- Mind-Body-Spirit

Massage Services

JAMU Massage Healing Ritual

75-minutes\$160
A ritualistic massage combining Hindu, Chinese and European influences to create a relaxing, rhythmic and energizing experience. The Asian techniques of acupressure, skin-rolling, long strokes and percussion invigorate the muscles and significantly increase blood circulation. Complimented with an invigorating back scrub and your choice of tropical massage oils: Bali Flowers, Island Fruits, Thai or Coconilla.

Lavender Marine Bolus Massage

75-minutes\$160
Inspired by Thai healing modalities, this treatment focuses on well-being, tranquility and relaxation. Dried lavender flowers are blended with marine salt crystals and are tied into a bolus or herb bundle. The lavender bolus is steam heated and combined with Thai massage movements to ease muscle tension, reduce stress, induce deep relaxation and to restore the skin. A hydrating body milk and relaxing essential oil serum complete this restorative massage.
A Sagestone Signature Treatment.

Massage for the Two of You

50-minutes for two\$210
80-minutes for two\$300
Double the pleasure, double the fun. Enjoy an indulgent getaway together in our double treatment room.

Nocturnals Sweet Dreams Massage

50-minutes\$105
80-minutes\$150
Deep sleep comes only when we learn to release the “seven sleep negative entrapments”: The belly, lower and upper back, neck, jaw, temples and third eye. This remarkable treatment of touch, sound and aromatherapy unlocks each of these zones, releasing you into a night of blissful sweet dreams.

On the Rocks Legs Massage

50-minutes\$110
A lower body leg massage for those, who have red on their tread. A massage using muscle relieving anti-inflammatory oils and analgesics that provides quick relief to ankles, calves, quads and hamstrings that have hiked you through nature’s finest art in one of the most astonishing places on the planet. A must for those guests who are hiking daily. We include a bottle of Biofreeze analgesic to take with you as your adventure continues.
A Sagestone Signature Treatment.

Outdoor Cabana Massage

Additional charge\$10

In Room Villa Massage

Additional charge\$30



Massage Services

Pregnancy Massage

50-minutes\$105
A salute to expectant mothers, providing a relaxing massage to nurture both the mother and child. Extra care and attention are given to the mother’s comfort and stage of pregnancy.

Red Rock Hiker’s Massage

80-minutes\$150
A must for our adventure bound guests featuring a full-body massage with extra focus on the legs. An ultra-nourishing self-heating mud is wrapped around the legs to relax stiff muscles, provide muscle and joint relief and increase circulation. While the legs are wrapped the upper body is massaged with warm, anti-inflammatory oils. A thorough leg massage follows. Suggested for pre- and post-adventure sports and red rock hiking.
A Sagestone Signature Treatment.

Reflexology Massage

25-minutes (feet only).....\$60
50-minutes\$105
This method involves gentle stimulation of acupressure points in the feet and hands that have a direct connection to the various organs and glands in the body. It is based on the Chinese meridian theory of “energy pathways” in the body that have endings in the feet and hands. Energizing these points can have an overall balancing effect on the body.

Sagestone Swedish Massage

25-minutes\$60
50-minutes\$105
80-minutes\$150
Need a relaxing massage to help you drift off to a peaceful night’s sleep or to relieve sore muscles? Our highly acclaimed staff of professional massage therapists will provide relaxing, therapeutic bodywork using a variety of massage techniques to address your specific needs. Our Sagestone Swedish massage relaxes and provides recovery from the day’s activities.

Thai Yoga Massage

50-minutes\$110
80-minutes\$150
Thai Yoga massage blends yoga stretching with rhythmic massaging and compressions to balance the physical and energetic bodies and stimulate energy flow. This treatment is performed on a Thai massage mat. Wear comfortable, loose fitting pants and top for this healing experience.

VOTED TOP 5 DESTINATION SPA

Women’s
Health Magazine

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Spa Body Treatments

AROMASOUL COLLECTION — DISCOVER YOUR ANCIENT SOUL

A truly unique collection of exceptional rituals offering a deeply restoring experience for the body and soul. The Aromasoul journeys are recommended for a complete and sensational restoration experience...a path to discover your ancient soul. Discover the benefits and pleasures of rare herbal blends and healing modalities inspired by the traditions and culture of ancient worlds. The journeys should be experienced in the order presented as they move you from opening up the body, to releasing blocks, to balancing the body and energizing the mind and body.

Aromasoul-Oriental Ritual

75-minutes\$160
Aromasoul Oriental honors the ancient elements of Chinese massage therapy, in a treatment that opens and stimulates the meridians of the body to increase the flow of energy and replenish vitality, providing a great feeling of awareness and strength. Oriental Aromasoul prepares the recipient for the subsequent aromasoul journeys. This treatment is contraindicated for pregnancy, menstruation or extreme fatigue. It is recommended for general stress and tension, muscle discomfort, muscle rigidity and arthritis. It is suggested not to eat one-hour prior to treatment.

Aromasoul-Mediterranean Ritual

75-minutes\$160
Aromasoul Mediterranean is a reflection of the energetic spirit and warmth of the Mediterranean cultures, enhanced with the essence of the ocean...fluid and relaxing strokes that dance like waves over the body and provide a feeling of renewal and peace, allowing you to release and let go. The synergy of basil, bergamot, mandarin, orange and lemon blended in natural extracts of jojoba oil revitalize and stimulate the spirit while carrying out a draining and toning action on the body. This treatment is contraindicated for pregnancy. It is recommended for stress and fatigue and releasing physical and emotional energy.

Aromasoul-Indian Ritual

75-minutes\$160
Aromasoul Indian resonates deeply with mind, body and spirit, and embraces the essence of ayurvedic philosophy in a treatment that begins with brisk, energetic strokes and culminates with tranquil energy balancing. The first part of the treatment is derived from the traditional style which was called suks thirummu. In this part of the treatment we obtain a balance of the whole system and a normal flow of prana (vital energy) in the meridians. The second part of the treatment consists of a relaxation phase and involves the stimulation of vital points called marma points. This treatment is contraindicated for pregnancy. It is recommended for fatigue, stress reduction, and general well-being.

Aromasoul-Arabian Ritual

75-minutes\$160
Aromasoul Arabian is a remarkable ritual experience, profoundly calming and grounding, with simple and rhythmic movements. A delicate scrub is used in soft movements to purify the body and prepare it for the massage. The massage movements are simple and rhythmic, recalling the wind that caresses the sand dunes at sunset. This treatment is contraindicated for pregnancy. It is recommended as an afternoon or evening treatment, and is a very nurturing, grounding and restorative treatment.

A Soulful Journey.....\$540

For the ultimate journey of the soul, we recommend you experience all four of our Aromasoul rituals during your stay: Oriental, Mediterranean, Indian and Arabian. A powerful healing combination recommended for those seeking balance, renewal, restoration and relaxation at a physical and emotional level.



Spa Body Treatments

Adobe Lavender Hydrating Cocoon

50-minutes\$115
with 25-minutes massage\$160
A Signature Sagestone moisturizing treatment that nourishes and rejuvenates the skin. Your skin is lightly exfoliated and prepared for maximum absorption of a mineral rich mud from Utah. This red adobe earth product contains Omega 3 & 6, Vitamin B3 and avocado oil. Recommended for sore muscle relief and to reduce tissue inflammation. A natural anti-aging treatment for the body that revitalizes the skin.

A Sagestone Signature Treatment.

Alpha Male: Active Body Treatment

80-minutes\$160
Enhance any athletic performance or mend after a rigorous hike with this potent and stimulating mud treatment. From an ancient mineral spring in Italy, this rich and creamy mud is spiked with invigorating essential oils and applied hot over a layer of thermogenic cream, which reduces the accumulation of adiposity in the abdominal area. Sore muscles and swollen joints are immediately relieved. This invigorating infusion is completed with a vigorous application of hot oil infused with black pepper — will make any mountain seem like a molehill. *A Sagestone Signature Treatment.*

Cocoa Latte Polish and Wrap

50-minutes\$115
An invigorating body scrub with a wake up coffee scrub. Followed by a skin enriching cocoa and cream drizzle and wrap. Completed with a moisturizing chocolate whipped body cream. Leaves your skin yummy!

A Sagestone Signature Treatment.

Desert Gem Hydrating Body Facial

75-minutes\$160
A restorative ritual that leaves the skin deeply dewy, moist and glistening. Your experience begins with a skin smoothing body exfoliation followed by a deeply moisturizing body mask rich in extracts from desert plants and berries. While your body is literally “drinking” in this essential essence from the desert, your therapist will begin a hydrating massage for the face. A relaxing massage, naturally renewing and rejuvenating to the skin. Recommended for frequent travelers and dehydrated, stressed skin.

A Sagestone Signature Treatment.

Dry Skin Brush Treatment

25-minutes\$60
The ultimate European spa secret to healthy, vital skin that is ageless. Learn this at-home technique in this guided, skin enriching treatment. You will receive take home instructions and a Red Mountain body brush. A vital part of a daily self-care program to maintain vitality and tone of your skin. *A Sagestone Signature Treatment.*

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Spa Body Treatments

Four Directions
75-minutes\$160

This Native American inspired treatment embraces the four cardinal directions of the Medicine Wheel. Each direction is explored and sacred herbs, plants, stones, animal symbols and principles of each direction are shared. You will experience the ritual of smudging to rid oneself of negative energy and thought, and the simplicity of focus with the making of a prayer tie. You will select an animal totem which will represent your spiritual animal. This treatment includes a full body cornmeal/tobacco exfoliation, a warm, gentle rinse, a relaxing cedarwood full-body massage and a sweetgrass herbal wrap to bring peace and good spirits to the healing. Join us on Red Mountain Spa's unique spiritual journey.

A Sagestone Signature Treatment.

Marine Algae Detox Wrap
50-minutes.....\$115

Deep-tissue detoxification and relief from sports and increased activity. Brown seaweeds are mixed into a fine paste and applied to the entire body for a relaxing detoxification treatment. The skin absorbs active sea elements, promoting perspiration and the elimination of toxins. After a refreshing shower, a unique blend of cooling moisturizer is applied to your newly purified and restored skin. One of our most detoxifying treatments. Contraindicated for those with shellfish or iodine allergies.

Mountain Glow
50-minutes\$110

An invigorating body scrub rich in minerals to restore, rejuvenate and renew skin. Your body is vigorously exfoliated with healing mineral salts from the Great Salt Lake Basin and fresh fruit extracts, blended with avocado, sesame, apricot kernel and jojoba body oils. Followed with a gentle application of nourishing body butter made from jojoba oil, shea butter, Vitamin E and lavender oil. Leaves skin silky smooth and glowing. (It is recommended not to shave legs four to six hours before this treatment).

Oceanic Remineralizing Toning Body Treatment
50-minutes\$115

This head to toe treatment package leads you on a journey toward toned and youthful skin. This truly unique treatment will leave you looking and feeling younger from bottom to top. The firming finale is a therapeutic application of a liquid silk moisturizer so you'll look and feel younger all over.

The Ocean Within Reshaping Body Mask
50-minutes\$115

This body mask was especially designed as a key component of any contouring or weight loss program. Its refreshing aroma and soothing texture envelope your body in the best of sea and science, and stimulate the metabolic processes. It will leave your skin soft on the outside while its active ingredients boost the natural processes of lipolysis (fat burning), on the inside.

Spa Packages

A Soulful Journey For the ultimate journey of the soul, we recommend you experience all four of our Aromasoul Rituals. A powerful healing combination recommended for those seeking balance, renewal, restoration and relaxation at a physical and emotional level. \$540

Adobe Stone Detoxification
Canyon Warm Stone Massage, Adobe Lavender Hydrating Cocoon and Green Clay Facial. \$320

Escape to the Mountain
Sagestone Swedish 50-minute Massage, your choice of a 50-minute Facial, Solar Manicure, Shampoo Style or Men's Shampoo and Cut. \$245

Happy Trails Pine Valley Scrub and Sagestone Swedish Massage. 50-minutes. \$135

Sagestone Spa Sampler
Enjoy a 50-minutes Sagestone Swedish Massage, your choice of a 50-minute Facial, your choice of a 50-minute Body Treatment and our Solar Manicure and Solar Pedicure. \$340

Spa Body Treatments

Pine Valley Body Scrub
25-minutes\$60

This invigorating scrub is infused with the essence of pine. Its tiny particles work to remove dead skin cells and simultaneously moisturize the skin. Stimulate the senses with this refreshing body exfoliation that will remind you of the scents and scenery found in nearby pine forests.

Red Mountain Revitalizer
75-minutes\$155

Drift away with a heavenly scalp massage hair cleanse and condition, followed by a facial cleansing, full-body exfoliation and massage. Indulge your senses, relax your mind and revitalize your body. Surrender to the magic of rejuvenating your body through the ritual of Red Mountain.

A Sagestone Signature Treatment.

Soaring Spirit Body Wrap
50-minutes\$115

After a gentle body exfoliation, rich Kamani oil from the sacred tamanu tree, is combined with concentrated serums and is gently applied over the body for an anti-aging lift to the skin. A light wrap allows maximum penetration. Followed by an application of our De-Age body cream. This treatment firms and tones the skin, improving elasticity and combats adverse effects of biological aging, free radicals, and atmospheric pollutants. Recommended for those living in the city.

Skin Care

Desert Pearl Facial
50-minutes\$110

A lightening and anti-spot treatment that creates luminous skin. Pearl powder combined with other lightening botanicals immediately results in an illuminating effect with just one treatment. Revive tired, dull skin and fight back hormonal imbalances and excessive exposure to the sun. Long-term effect reduces hyper-pigmentation, dark spots and evens skin tone. *A Sagestone Signature Treatment.*

Glorious Skin
75-minutes\$200

A deeply effective fruit acid treatment that provides 21% or 31% alpha-hydroxy acid and stimulating pure collagen. (After performing a skin analysis your esthetician will advise you on the strength of treatment.) See fine lines and wrinkles visibly reduced after this ultimate anti-aging treatment, leaving your skin with a fresh uniform glow. Included in the treatment will be a 21-day supply of Alphatherapy 8%serum.

Green Clay Facial
50-minutes\$110
80-minutes\$160

A purifying and toning treatment to rebalance skin. This treatment reduces excess sebum and shine, redness and inflammation. Recommended for those with oily or combination skin, with acne or blemishes or for a city skin detox.

Package Guidelines

Missed appointments will be forfeited and the missed appointments will be charged at full price.

Appointments will be booked in the order of availability without compromising the essence of the package.

No treatments may be substituted. Substitution will void package price.

This offer is not valid in conjunction with any other discount, promotional event or program or seasonal special.



Skin Care

Mineral Make-Up Application

25-minutes\$35
50-minute application with lesson\$95
Discover the “new” makeup that is healthy for your skin. A synergistic blend of mineral and vitamin based makeup with a non-chemical SPF 20. Allergen-free, this line of makeup treats and protects the skin without any trace of alcohol, dye, talc, oil, binder, fragrance, or preservative that could be harmful and irritating to the skin. With skin enriching freeze-dried vitamins and an SPF of 20. (With purchase of \$100 in mineral make-up products, your service is complimentary.)

Renight Nourishing Facial

50-minutes\$110
The perfect sunset facial designed to super hydrate the skin using “renight” products. Aromatic arctic berry and black current seed oil nourishes and hydrates damaged, dehydrated or sunburned skin. This treatment is deeply relaxing and is sleep inducing.

Resurrection Eyes

Added to any facial\$35
As stand-alone treatment\$50
A restoration treatment for the delicate eye area. Smooths fine eye lines, hydrates the skin, gently tones and refreshes the eye area. May be added to any facial.

Resurrection Botanical Facial

75-minutes\$160
Silky skin and restored hydration make this facial excellent after travel or exposure to the elements. The mystical trehalose, found in desert plants, acts in harmony with stimulating yeast extract, and nourishing hibiscus milk

and honey to render your skin revitalized, firm and glowing. *A Sagestone Signature Treatment.*

Resurrection Lips

Added to any facial\$35
As stand-alone treatment (25 minutes) ..\$50
A restoring treatment for the lip area. Results in rejuvenated and plumped lips, with diminished fine lines. May be added to any facial.

Skin Resonance Facial

50-minutes\$110
A delicate enzyme based facial with an instant calming balancing mask and intensive replenishers to bring equilibrium to the skin. Recommended for those with sensitive skin or reactive skin to diffuse redness, nourish and tone fragile skin.

Soaring Spirit Facial

75-minutes\$160
This effective anti-aging facial incorporates the ultimate relaxing massage of the hands, arms, shoulders, upper back, neck and face, using time reversing retinol, hyaluronic acid and soy proteins. Skin is renewed and radiant with the glow of vitality.

A Sagestone Signature Treatment.

Tranquility Aroma Facial

50-minutes\$110
A gentle facial that alleviates accumulated stress, using an intoxicating blend of floral essential oils that promote deep relaxation. Oxygenates, reduces redness and adds luminosity to the skin. Deeply relaxing.



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Skin Care for Men

Real men do get facials especially at Red Mountain Spa, where those seeking adventure come to experience the best life has to offer. [comfort zone] man space — just for the guys — the best of cutting edge technology for guys, who like to live on the edge. *Please shave at least two hours prior to treatment.*

Pure Performance

50-minutes\$110
80-minutes\$160
For men who strive to put their best face forward. A deeply clarifying and purifying treatment designed to address impurities and imbalances in the skin, revealing a freshly toned and energized appearance. Grand finale is a replenishing freshly mixed seaweed gel mask to restore oil and water ratio in the skin creating a healthy outdoor look.

Mountain Man Anti-Age Performance

50-minutes\$110
80-minutes\$160
For the outdoor man about town. Intensive renewal for skin showing signs of aging or fatigue. Active resurfacing and restoration will reveal stronger skin beneath. Skin is energized, circulation is increased and skin exhibits the look of health and vitality. Eighty-minute facial includes application of Vital Leg, a mint and eucalyptus gel to increase circulation and leave a cool and soothing finish.

Tune-up Hydrating Performance

50-minutes\$110
Designed to meet the specific needs of a man's skin, with ultra-hydrating desert plants and a soothing, mineral seaweed mask to restore your skin. Leaves the skin feeling smooth, toned and invigorated.

Hand & Foot Services

Brisa Gel Nails — Full Set Fingers or Toes
75-minutes\$75

Gel Fills

50-minutes\$50

Raw Earth Manicure

50-minutes\$45
This treatment begins with a warm raw sugar scrub to exfoliate and smooth the skin. A moisturizing volcanic clay and rhodochrosite masque deeply hydrates and prepares the hands for a relaxing massage. Includes choice of polish or none.

Raw Earth Pedicure

50-minutes\$55
This treatment enriches the skin with rich, earth-derived minerals and is recommended for dry, parched feet and legs. Your feet are soaked in an effervescent malachite soak followed by a warm raw sugar scrub to gently exfoliate and smooth the skin. A moisturizing volcanic clay and rhodochrosite foot masque deeply hydrates. A relaxing massage follows. Includes choice of polish or none.

Solar Manicure

50-minutes\$45
Intensive therapy for dehydrated, sun-and-wind-damaged hands. An exfoliating sweet almond and Dead Sea salt treatment which gently polishes the skin, followed by a moisturizing shea butter massage. Finished with a fresh coat of polish.



Hand & Foot Services

Solar Pedicure
50-minutes\$55
Diminish the effects of dehydrated skin with this intensely moisturizing sweet almond oil treatment. Skin will exude a warm, smooth glow as it is gently exfoliated with a scrub of Dead Sea salt and almond oil. Feet are then massaged with a silky, hydrating lotion. Cuticles are perfected and nails are clipped, reshaped, buffed and polished. Polish optional.

Trekker Manicure
50-minutes\$45
Our most rigorous manicure treatment, intended for hands in need of rescue. An intense two-step citric acid exfoliation and paraffin dip will rejuvenate, deeply hydrate and help restore environmentally stressed hands to a more youthful and healthy appearance. Finished with a thirst-quenching vitamin and grapefruit-oil infused ceramide massage, cuticle clean-up and optional polish.

A Sagestone Signature Treatment.

Trekker Pedicure
80-minutes\$70
Specifically designed for extremely active feet. A marine-inspired treatment that features a 4-step exfoliation process of beach sand, quartz crystals and Dead Sea salt with a targeted lactic acid callus treatment. Followed by a cooling and rejuvenating marine-algae foot masque, soothing heel cream and a vigorous massage.

A Sagestone Signature Treatment.

Hair & Waxing Services

Hair Services
Color-Permanent/Semi\$90 and up
Foil Highlight.....\$90 and up
(Color/highlight include consultation and style)
Shampoo/Cut.....\$35 and up
Shampoo/Cut/Style.....\$50 and up
Shampoo/Style\$45 and up
Gentleman's Shampoo/Cut.....\$25 and up

Davines Energizing Scalp and Hair Treatment
30-minutes\$50
An energizing and stimulating, deep cleaning treatment for the scalp and mental clarity. Moisturizes and protects without weighing down even the finest hair. Recommended for tired, lifeless hair, adding shine, condition and volume.

Davines Nourishing Hair Treatment
50-minutes\$90
80-minutes (with Living Enzyme Infusion)\$125
Our deep conditioning treatment provides potent vitamin complex of minerals, amino acids and therapeutic salts to the hair... strengthens shaft and seals the cuticle. Recommended for color treated and dry damaged hair.

Davines Purifying Scalp and Hair Treatment
50-minutes\$100
A deep cleansing service to exfoliate and nourish the hair and scalp. This service is a must for those who have suffered from product build up, dandruff and other common scalp conditions. For those who are tired of harsh, synthetic, medicated hair products.



Hair & Waxing Services

Hair ExtensionsTime and price available upon assessment
Change your look and be a whole new you. Our hair extensions are done with a cold method application. There is no heat, no glue, and no chemicals involved and, therefore, no damage to your natural hair. The hair used for the extensions is double drawn Remy hair, meaning cuticles are still on it and the strands are all the same length from tip to ends. These unique extensions will last 3-4 months with proper care.

Waxing Services
Full leg\$60
Half leg\$45
Bikini\$30
Eyebrows\$30
Lip or Chin\$20
Underarm\$30

You can also reserve the following Health & Fitness Services at Sagestone.

Body Mapping
(50-minutes)\$100
Motivation Coach
(50-minutes)\$70
Peak Performance Package\$300
Personal Training
(50-minutes)\$70
Personal Training Starter Kit
(90-minutes)\$125

Health & Fitness Services

Private Fitness Classes
(50-minutes)\$75
Private Pilates Apparatus Instruction
(50-minutes)\$75
Private Yoga Instruction
(50-minutes)\$75
Fitness Workshops\$55
 Beyond Back Pain Yoga
 Yoga: Breath of Life
 Yoga Flow
 Yoga for Strength
 Yoga for the Spine
 Successful Meditation
 Yoga for Detox
Actual Age Assessment.....\$35
Body Composition Assessment
(20-minutes)\$30
Bone Density Assessment
(15-minutes)\$50
Cardiovascular/Metabolic Assessment
(50-minutes)\$125
Chiropractic Care
(30-40-minutes)\$60
Cholesterol Profile
(15-minutes)\$35
Foot and Gait Analysis
(25-minutes)\$40
Lymph Drainage Therapy (LDT)
(45-minutes)\$110

**10 GREAT
DETOX SPAS
USA Today**

Health & Fitness Services

Nutrition Consultation (90-minutes)	\$150
Oriental Acupuncture Initial Consultation/Medical Review.....	\$150
Additional Treatments.....	\$100
Resting Energy Expenditure Analysis (50-minutes)	\$125
Zero Balancing (50-minutes)	\$105

Frequently Asked Questions

When should I make my spa reservations?

To ensure you receive all the spa treatments you want, when you want them, not only is advance booking suggested, it is highly recommended. Guests may book up to one month in advance of their arrival. Some treatments may not be available every day. Call our Spa Receptionists at **800.690.9215**, or **435.673.4905**, extension **5736** to reserve your appointments for Spa, Health and Fitness. Sagestone is open daily from 10 am–10 pm.

What is the Cancellation Policy?

Twenty-four-hour (24) notification is required for all canceled or changed spa and salon appointments to avoid a 50% cancellation fee. Missed appointments will be charged 100% of service fee.

What should I tell my treatment provider?

At Sagestone all guests receiving spa treatments have not only the right, but also the responsibility to communicate

openly with their therapist, aesthetician, hair stylist and/or nail technician about their service during the treatment. Any special expectations, personal preferences and/or possible concerns about how a treatment is progressing should first be addressed directly with the individual who is providing the treatment during the treatment. If you have a special request to make your treatment more enjoyable such as dimmer lights, softer music, a lighter or heavier touch, an extra blanket, etc...please do not hesitate to ask. If there are certain things you wish your therapist NOT to do such as work on your feet, your face, your abdomen or scalp/hair please communicate your desires. In addition, you have the obligation to let your therapist know about any health-related conditions that could potentially cause you discomfort or harm during the course of your treatment. This would include, but is not limited to pregnancy, recent surgeries, diabetes, injuries, high or low blood pressure, heart conditions, shellfish or iodine allergies and any other allergies.

What should I wear?

A robe, slippers and lockers are provided for your convenience at the spa, or you may choose to wear the robe from your room. It is recommended that you shower before receiving your treatment and that you disrobe for your spa services. Your therapist will leave the room as you disrobe and you will lay under a sheet on the table. Upon completion of the treatment, your therapist will again step out of the treatment room to allow you to

Teen Policies

Young adults between the ages of 12–17 may freely enjoy the following without the supervision of a parent or guardian:

- Personal training sessions and one-on-one fitness sessions
- Sagestone services such as make-up, facials, pedicures, manicures and hair services.

Young adults must be supervised by parent or guardian while participating in Spa Services including massage and body treatments, facials or any one-on-one services.

Frequently Asked Questions

redress into your robe. Our therapists are trained in proper draping techniques for your comfort. You may elect to receive treatments in your bathing suit or undergarments. Please remove all jewelry before visiting the spa. If you have scheduled a Thai Yoga Massage, Salon Treatment or Reflexology, please wear loose, comfortable clothing.

What if I have some physical ailment, disability or allergies?

Please notify the spa receptionist at the time you are making your appointments and your therapist at the beginning of your treatment. You will be informed if treatments are contraindicated.

Should I avoid the spa if I am pregnant?

Your physician can best advise you on which treatments are safe. We also suggest that you avoid treatments using deep pressure and heat.

Can I choose a male or female therapist?

If you have a gender preference, please advise the spa reservationist at the time of making your appointment.

Should men shave before a facial?

Shaving is recommended but please be sure to do so at least two hours prior to your scheduled appointment.

Are there any rules of etiquette?

Honor the environment with silence; it is one of tranquility and relaxation. Remember that your treatment will end on time so the next guest is not delayed. The use of cell phones, cameras and electronic devices is not permitted in the spa. Arrive early. Don't cheat yourself out of your relaxation time.

How should I handle gratuities?

Treatment and package prices do not include gratuity. A 15% gratuity will be added to all services.

Will I be able to purchase the products that are used in my treatment?

We carry a full array of professional spa products so you can duplicate the benefits at home. We also ship direct to you should you want to reorder upon returning home.

How do I determine which facial to choose?

The aestheticians at Sagestone are trained to customize each of our facial treatments for your particular skin through skin analysis. This may mean that you do not receive the facial you booked but one rather more suited to your skin type.

Should I shave my legs before my massage or body treatment?

Shaving is recommended but please be sure to do so no less than four hours prior to your scheduled appointment. Certain products may irritate newly-shaved skin.

**BEST VACATION
TO SLIM DOWN**
Shape Magazine

Sagestone
At Red Mountain Spa

Hours

Open Daily:
10 am – 10 pm

**800.690.9215 or
435.673.4905 ext. 5736**

A 15% gratuity will be added to all services.

Prices subject to change without notice.

RedMountainSpa.com