



*SageStone*

*At Red Mountain Resort & Spa*



**SPA & SALON  
SERVICES**

**Renight Nourishing Facial (50-minutes) .....\$110**

The perfect sunset facial designed to super hydrate the skin with *Renight* products from the land of the midnight sun. Aromatic arctic berry and black current seed oil nourishes and hydrates damaged, dehydrated or sunburned skin.

**Resurrection Botanical Facial\* (75-minutes).....\$160**

A thirst quenching indulgence, honey and hibiscus, known for centuries by natives for their hydrating and healing properties are infused with trehalose, found in desert plants, to deeply plump and restore dehydrated skin. Ideal restoration after travel.

**Skin Resonance Facial (50-minutes).....\$110**

A delicate enzyme based facial with an instant calming balancing mask and intensive replenishers to bring equilibrium to the skin. Recommended for those with sensitive skin or reactive skin to diffuse redness, nourish and tone fragile skin.

**Soaring Spirit Facial\* (75-minutes).....\$160**

Skin is renewed and radiant with the glow of life and vitality as mind, body and spirit are integrated in this exquisite facial. This effective anti-aging facial incorporates time reversing retinol, hyaluronic acid and soy proteins, to plump firm and boost skin.

**Tranquility Aroma Facial (50-minutes).....\$110**

A gentle facial that alleviates accumulated stress, using an intoxicating blend of floral essential oils that promote deep relaxation. Oxygenates, reduces redness and adds luminosity to the skin.

**Mineral Make-Up Application (25-minutes) .....\$35**

**Mineral Make-Up Lesson (50-minutes) .....\$95**

A blend of mineral and vitamin based makeup with a non-chemical SPF 20. This allergen-free makeup protects skin without alcohol, dye, talc, oil, binder, fragrance, or preservative. *Lesson is complementary with purchase of \$100 in mineral make-up products.*

## FACIAL ENHANCEMENTS

**Resurrection Eyes .....\$35**

A restoration treatment for the delicate eye area. Smooths fine eye lines, hydrates the skin and refreshes the eye area. May be added to any facial.

**Resurrection Lips .....\$35**

A restoring treatment for the lip area. Results in rejuvenated and plumped lips, with diminished fine lines. May be added to any facial.

## SKIN CARE FOR MEN

*Please shave at least two hours prior to treatment.*

**Mountain Man Anti-Age Performance (50-minutes) .....\$110**

**(80-minutes) .....\$160**

Intensive renewal for skin showing signs of aging or fatigue. Active resurfacing and restoration will reveal stronger skin beneath. Skin is energized, circulation is increased and skin exhibits the look of health and vitality.

**Pure Performance (50-minutes).....\$110**

A deeply clarifying and purifying treatment designed to address impurities and imbalances in the skin, revealing a freshly toned

and energized appearance. Grand finale is a replenishing freshly mixed seaweed gel mask to restore oil and water ratio in the skin creating a healthy outdoor look.

**Tune-up Hydrating Performance (50-minutes) .....\$110**

Designed to meet the specific needs of a man's skin, with ultra-hydrating desert plants and a soothing, mineral seaweed mask to restore your skin. Leaves the skin feeling smooth and invigorated.

## HAND & FOOT CARE

**Bee Perfect Manicure\* (50-minutes) .....\$45**

**Bee Perfect Pedicure\* (50-minutes).....\$55**

Welcome to the Beehive State! These treatments use pure honey which protects and acts as a skin rejuvenator with its antioxidants. An exfoliation with a whipped honey scrub is followed by a pure honey mask which helps to trap and seal in moisture, leaving skin soft and supple. Finished with polish.

**Brisa Gel Nails - Full Set Fingers or Toes (90-minutes) ..... \$75**

**Gel Fills (75-minutes) ..... \$55**

**Desert Spring Manicure\* (50-minutes).....\$45**

**Desert Spring Pedicure\* (50-minutes) .....\$55**

The aroma therapeutic salt soak softens and removes toxins, refreshing tired muscles. An exfoliating wash with non-abrasive fruit extracts followed by a deep conditioning with Shea butter and beeswax will leave your skin feeling soft and smooth. Finished with a fresh coat of polish.

**Lava Shell Pedicure\* (50-minutes) .....\$55**

**(80-minutes) .....\$70**

Begin with a calf massage of warm seashells. As the technician glides the lava-filled shells over the legs, tensions and muscle aches melt away. The leg massage is followed with an invigorating pumice scrub and a callous control mask leaving feet revitalized.

**Solar Manicure (50-minutes).....\$45**

Intensive therapy for dehydrated, sun-&-wind-damaged hands. An exfoliating sweet almond and Dead Sea salt treatment which gently polishes the skin, followed by a moisturizing shea butter massage. Finished with fresh polish.

**Solar Pedicure (50-minutes).....\$55**

Diminish the effects of dehydrated skin with this intensely moisturizing sweet almond oil treatment. Skin will exude a warm, smooth glow as it is gently exfoliated with a scrub of Dead Sea salt and almond oil. Feet are then massaged with a silky, hydrating lotion. Polish optional.

**Trekker Manicure\* (50-minutes).....\$45**

Our most rigorous manicure treatment, intended for hands in need of rescue. An intense two-step citric acid exfoliation and paraffin dip will rejuvenate, deeply hydrate and help restore environmentally stressed hands to a more youthful and healthy appearance. Finished with a thirst-quenching grapefruit oil infused ceramide massage, cuticle clean-up and optional polish.

**Trekker Pedicure\* (80-minutes) .....\$70**

Specifically designed for extremely active feet. A marine-inspired treatment that features a 4-step exfoliation process of beach sand, quartz crystals and Dead Sea salt with a targeted lactic acid callus treatment. Followed by a cooling marine-algae foot masque, soothing heel cream and a vigorous massage.

\* *Sagestone Signature Treatments*

## HAIR CARE

**Color-Permanent/Semi ..... \$90 and up**

**Foil Highlight .....\$90 and up  
(Color & highlight include consultation and style.)**

**Shampoo/Cut/Style..... \$60 and up**

**Shampoo/Style ..... \$45 and up**

**Gentleman's Shampoo/Cut .....\$25 and up**

**Davines Energizing Scalp and Hair Treatment (30-minutes) .... \$50**

An energizing and stimulating, deep cleaning treatment for the scalp and mental clarity. Moisturizes and protects without weighing down even the finest hair. Recommended for tired, lifeless hair, adding shine, condition and volume.

**Philip B. Four Step Treatment (50-minutes) ..... \$100**

**(80-minutes) ..... \$130**

A facial for the scalp normalizes scalp circulation, clarifies build-up of excess cells, sebum and product, leaving you feeling refreshed. With our botanically derived products you can restore optimal health to your scalp and youthful condition to your hair.

## WAXING

**Full Leg..... \$60**

**Half Leg .....\$45**

**Bikini (*Sagestone Spa does not offer extreme bikini waxing.*)....\$30**

**Eyebrows .....\$30**

**Lip or Chin .....\$20**

**Lower Face .....\$35**

**Full Face .....\$55**

**Underarm .....\$30**

## FOR APPOINTMENTS CONTACT

SAGESTONE SPA & SALON AT EXT. 3048



## CLASSIC MASSAGES

### **Aromatherapy Massage\* (80-minutes) .....\$165**

A truly personalized massage combining the benefits of aromatherapy and Swedish massage techniques. Choose from ten different aromatherapy scents that promote wellness and overall body balance.

### **Massage for the Two of You (50-minutes for two) .....\$210 (80-minutes for two).....\$300**

Double the pleasure, double the fun. Enjoy an indulgent getaway together.

### **Pregnancy Massage (50-minutes) .....\$105**

Nurture both mother and child with a relaxing massage. Extra care is given to the mother's comfort and stage of pregnancy.

### **Reflexology Massage (25-minutes, feet only) .....\$60 (50-minutes) .....\$105**

This method involves gentle stimulation of acupressure points in the feet and hands that have a direct connection to the various organs and glands in the body. Resulting in an overall balancing effect on the body.

### **Sagestone Swedish Massage (25-minutes) .....\$60 (50-minutes) .....\$105**

**(80-minutes) .....\$150**  
Need a relaxing massage to help you drift off to a peaceful night's sleep or to relieve sore muscles? Our massage therapists will provide therapeutic body-work using a variety of massage techniques to address your specific needs.

### **Desert Skies Massage Additional Charge .....\$10**

Our classic massage in an outdoor cabana.

### **In-Room Villa Massage Additional Charge .....\$30**

## PREMIERE MASSAGES

### **Against the Wall Upper Body Massage\*(50-minutes) .....\$110**

An upper-body focused arm, shoulder and back massage for relief after rock climbing or kayaking. Instant relief is provided by using anti-inflammatory oils and analgesics.

### **Arnica Friction Bolus Massage\* (75-minutes) .....\$160**

Warm bolus herb bundles are used to stimulate circulation, relieve sore muscles and joints and stimulate pressure points. Arnica and honeysuckle oil are then massaged into the warmed muscles.

### **Canyon Warm Stone Massage\* (70-minutes).....\$160**

A massage intended to relax, revive and relieve sore muscles from increased physical activity. Massage oil, infused with essential oils, is combined with warm canyon stones for the ultimate stone massage.

### **Desert Dreams Massage\* (50-minutes).....\$105 (80-minutes) .....\$150**

Our tranquility massage cream, with oils of palmarosa, cedar and orange blossom encourage the body to rest and embrace tranquility.

### **Desert Rain Massage\* (50-minutes) .....\$110**

You are bathed with a refreshing tropical bath gel and then relax as warm rain falls from above and you receive a full-body massage. You drift off to bliss as you experience this deeply relaxing, deeply restorative water massage.

### **Four Hands Massage (50-minutes) .....\$190**

An over the top, indulgent full-body massage performed by two therapists. A must-do treat for the spa aficionado.

### **Fussion Massage (50-minutes) .....\$110 (80-minutes) .....\$160**

Fusion Massage emphasizes the power and integrity of the whole rather than the fragments that make up the whole. Fussion combines Esalen and Lomi Lomi therapies to gracefully blend diverse modalities into a holistic bodywork session.

### **Lavender Marine Bolus Massage\* (75-minutes) .....\$160**

Dried lavender is blended with marine salt crystals and tied into a steamed herb bundle and applied with Thai massage movements to ease muscle tension and restore the skin.

### **Lymph Drainage Therapy (25-minutes) .....\$60 (50-minutes) .....\$110 (80-minutes) .....\$160**

The therapy consists of a gentle movement that works with the lymph's natural rhythm and direction of lymph fluid. Recommended for edema reduction, detoxification and reduction in symptoms of chronic fatigue and fibromyalgia.

### **On the Rocks Legs Massage\* (50-minutes) .....\$110**

A massage using muscle relieving anti-inflammatory oils and analgesics that provides quick relief to ankles, calves, quads and hamstrings that have hiked you through nature's finest art.

### **Red Rock Hiker's Massage\* (80-minutes) .....\$160**

A must for our adventure bound guests featuring a full-body massage with extra focus on the legs. A potent fusion of peppermint, menthol and eucalyptus provides muscle and joint relief and increased circulation. Suggested for pre- and post-adventures.

### **Reiki Therapy (50-minutes) .....\$115 (80-minutes) .....\$165**

Reiki involves the transfer of energy from practitioner to recipient, resulting in the enhancement of the body's natural ability to heal itself. Reiki is a holistic, natural, hands-on technique that touches body, mind and spirit.

### **Thai Yoga Massage (50-minutes) .....\$110 (80-minutes) .....\$160**

Thai Yoga massage blends yoga stretch with rhythmic massage and compressions to balance the physical and energetic bodies and stimulate energy flow. Performed on a massage mat or table. Wear comfortable loose fitting pants and top.



## BODY THERAPIES

### **Aromasoul Collection — Discover Your Ancient Soul**

*The Aromasoul journeys are recommended for a complete and sensational restoration experience. Discover the benefits of rare herbal blends and healing modalities inspired by ancient worlds.*

### **Aromasoul-Oriental Ritual (75-minutes) .....\$160**

Honoring the ancient elements of Chinese massage therapy, this treatment increases the flow of energy and replenishes vitality, providing relief from stress, tension, muscle discomfort and arthritis. Do not eat one hour prior to treatment.

### **Aromasoul-Mediterranean Ritual (75-minutes).....\$160**

Reflecting the energetic spirit and warmth of the Mediterranean oils of basil, bergamot, mandarin, orange and lemon relieve stress, fatigue and release physical and emotional energy.

### **Aromasoul-Indian Ritual (75-minutes).....\$160**

Embracing the essence of ayurvedic philosophy, the ritual begins with balancing the system and then stimulates the vital pressure points. Recommended for fatigue, stress relief, and well-being.

### **Aromasoul-Arabian Ritual (75-minutes) .....\$160**

This ritual is profoundly calming and grounding. A delicate scrub purifies the body and prepare it for the massage. Recommended as an afternoon or evening ritual.

### **Adobe Lavender Hydrating Cocoon\* (50-minutes).....\$115 (with 25-min. massage) .....\$160**

Your skin is lightly exfoliated and prepared for maximum absorption of a mineral rich Utah mud containing Omega 3 & 6, Vitamin B3 and avocado oil. Recommended for sore muscles and to reduce tissue inflammation.

### **Bee Perfect Body Wrap\* (50-minutes) .....\$115**

The Bee Perfect Body Wrap blends whipped honey and fine sea salt scrub with a unique blend of aloe, pineapple and papaya fruit extracts to leave skin soft and silky.

### **D-Age Body Firming Anti-Age Wrap (50-minutes) .....\$115**

Restore body elasticity and firmness with this effective and luxurious wrap that uses the ancient oil of Kamani and juniper. Your face is treated to a relaxing anti oxidant massage. The finale is a luxurious application of a firming body butter to combat the effects of environmental and biological aging.

### **Desert Gem Hydrating Body Facial\* (75-minutes) .....\$160**

A skin smoothing body exfoliation is followed by a deeply moisturizing body mask rich in extracts from desert plants and berries.

### **Four Directions\* (75-minutes).....\$160**

This Native American inspired treatment embraces the four cardinal directions of the Medicine Wheel. Sacred herbs, plants, stones, animal symbols and principles of directions are explored. Includes a full body cornmeal tobacco exfoliation, a relaxing cedarwood massage and a sweetgrass herbal wrap to bring you peace and good spirits.

### **Mountain Glow (50-minutes) .....\$115**

An invigorating body scrub rich in minerals to restore, rejuvenate and renew skin. Leaves skin silky smooth and glowing.

### **The Ocean Within Reshaping Body Mask (50-minutes) .....\$115**

This body mask was especially designed as a key component of any weight loss program. It will leave your skin soft on the outside while its active ingredients boost the natural processes of fat burning.

### **Red Mountain Revitalizer\* (75-minutes) .....\$160**

Drift away with a heavenly scalp massage, hair cleanse and condition, followed by a facial cleansing, full-body exfoliation and massage. Indulge your senses, relax your mind and revitalize your body.

### **Prickly Pear Body Glow\* (50-minutes).....\$115**

To leave skin aglow, this energizing body scrub combines the minerals of the sea with the healing properties of the prickly pear cactus. Guests are rinsed by Vichy showerheads before an application of nourishing lotion.

### **Sagestone Trilogy Body Experience\* (80-minutes) .....\$160**

The Sagestone Trilogy offers the uniqueness of the Utah desert with a body scrub of agave nectar and crushed yucca plants. Following the indigenous scrub, patrons are rinsed under the Vichy showers before being enveloped in a wrap created from the local Mojave Desert Creosote bush – rich in antioxidants and detoxifying properties. Skin will be soothed, nourished and smelling of the sweet desert rain as guests prepare for the final step — a moisturizing treatment of cactus blossom body butter that leaves guests relaxed and filled with the spirit of the desert.

### **Warm Lava Detox Wrap (50-minutes) .....\$115**

Self-heating brown seaweeds are mixed into a fine paste and applied to the entire body for a relaxing detoxification treatment. The skin absorbs active sea elements, promoting perspiration and the elimination of toxins. After a refreshing shower, a unique blend of cooling moisturizer is applied to your newly purified and restored skin. *Not recommended for guests allergic to seaweed or sensitive to iodine.*

## SKIN CARE

### **Active Pureness Facial (50-minutes) .....\$110 80-minutes .....\$160**

A purifying and toning treatment to rebalance skin. This treatment reduces excess redness, shine and inflammation. For those with oily skin, with acne or blemishes or for a city skin detox.

### **Desert Pearl Facial\* (50-minutes) .....\$110**

Pearl powder combined with other lightening botanicals immediately results in an illuminating effect with just one treatment. Revive tired, dull skin and fight hormonal imbalances and excessive sun exposure. Long-term effect reduces hyperpigmentation.

### **Eco-Escape Organic Facial\* (50-minutes) .....\$110 With Extractions (80-minutes) .....\$160**

An organic treatment that invites you to escape to authentic and comforting nature and that moisturizes, de-pollutes and reveals the natural radiance of the skin.

### **Glorious Skin Anti-Aging Facial (75-minutes).....\$200**

In this exclusive treatment your skin will be treated to the perfect balance of science and nature to firm, tone and smooth the skin revealing exceptional results: refined and restored skin.



\* Sagestone Signature Treatments