



Red Mountain Spa

Between a Rock and a Soft Place

■ A PIVOTAL GROUP SPA

CHAD S. LUETHJE
Executive Chef, Red Mountain Spa

Executive Chef, Chad Luethje brings over two decades of culinary experience to Red Mountain Spa from some of the top resorts in the Western U.S., including Teton Mountain Lodge in Jackson Hole, Wyoming, Cedar Breaks Lodge in Brian Head, Utah, Enchantment Resort in Sedona, and Loew's Ventana Canyon Resort and Westin La Paloma in Tucson. He has also cooked twice at the famed James Beard House in New York City.

Raised by health conscious vegetarian parents, Luethje learned early on to appreciate a healthy lifestyle. His interest in healthy, yet gourmet cuisine has been further enhanced with his joining Red Mountain. Working closely with the Director of Nutrition, Luethje orchestrates flavors, presentation, variety and nutrition to create award-winning cuisine every day. He teaches the intensive six-day Eat Well, Feel Well Culinary School, and does daily culinary demonstrations for guests. He also works one-on-one with guests to create menu plans and provide recipe alternatives.

"I really enjoy the guest interaction through the demos, cooking school and private consultations at Red Mountain," said Luethje. "It's very satisfying to help our guests make significant changes in their lives around food, or to just become more comfortable in the kitchen."

Luethje is also an avid outdoorsman, taking off to the red rock mountains that surround the property every opportunity he gets. "I enjoy mountain biking, hiking and skiing, and this is a great place to get all three."

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Red Mountain Spa, nestled in the red rock bluffs of Snow Canyon State Park in Southwest Utah and a picturesque two-hour drive from Las Vegas, is an extraordinary fitness and health destination featuring outdoor adventure, luxurious pampering and one of the most extensive hiking programs in the Southwest. Highlights include the Sagestone Spa & Salon offering more than 50 treatments and services, many incorporating indigenous ingredients. Specializing in outdoor adventure fitness programs for all levels, Red Mountain Spa has been honored as one of the Top Spas by Condé Nast Traveler, Allure magazine and Forbes.com; named a Top Five Destination Spa by Women's Health magazine...as seen on NBC's TODAY Show; and designated a Top Detox Spa by USA Today, About.com and Healing Lifestyles & Spas. Red Mountain Spa is also the recipient of Six Luxury SpaFinder Reader's Choice Awards and voted Top Destination Spa and Top Spa for Traveling Solo in Spa Magazine's Silver Sage Readers' Choice Awards 2007. Celebrating its 10th anniversary and ownership by Phoenix-based Pivotal Group, Red Mountain is located at 1275 E. Red Mountain Circle, St. George, Utah 84738. For reservations call toll-free:877.246.HIKE, direct: 435.673.4905, or visit the Web site, RedMountainSpa.com.

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