



Red Mountain Resort & Spa

Between a Rock and a Soft Place

TEEN POLICIES

Young adults between the ages of 12-17 may freely enjoy the following without the supervision of parent or guardian:

- Fitness Classes,
- Healthy Life Classes and Events,
- Use of Fitness Center and Dining Room,
- Personal Training Sessions and One-on-one Fitness Sessions,
- Sagestone Services such as Make-up, Facials, Pedicures, Manicures and Hair Services.



Young adults between the ages of 12-17 must be supervised by parent or guardian while participating in the following Red Mountain activities for health and safety reasons:

- Outdoor Recreation Adventures including Daily Guided Hiking, Adventure Trips, Biking, Kayaking, Rock Climbing and Guide-for-hire activities.
- Spa services including Massage and Body Treatments, or any One-on-one services.

